

Rail Induction Pack - Employee Copy

Sentinel Scheme Rules Individual Requirements

Every Individual has a personal responsibility to comply with health and safety rules including, but not limited to:

- No Individual shall undertake or attempt to report for duty, if they have worked on the managed infrastructure within the preceding 12 hours (sometimes referred to as double-shifting), unless a risk assessment has been conducted by the Primary Sponsor and suitable controls implemented
- No Individual shall exceed the maximum working hours determined by law or the, managed infrastructure requirements or the Sponsor, whichever is the shortest
- Every Individual has a responsibility to be fit for work, not fatigued by excessive travel or work, and not under the influence of drugs or alcohol. Individuals shall report anything that may affect their ability to work safely including medication, lack of equipment or personal circumstances
- An Individual shall report for duty with the appropriate Personal Protective Equipment (PPE) to enable them to undertake their duties
- No Individual shall undertake a task for which they are not competent, do not have the right equipment, or the
 relevant information or the knowledge to complete safely
- Individuals shall act in a safe manner at all times when on the managed infrastructure, and report any incident, close call or breach of the Sentinel Scheme Rules they are aware of
- Individuals shall always carry their Sentinel card when on managed infrastructure and present their card for checking upon request.
- Where accountable; undertaking 100% verification checks on Sentinel cards before allowing Individuals to start work

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